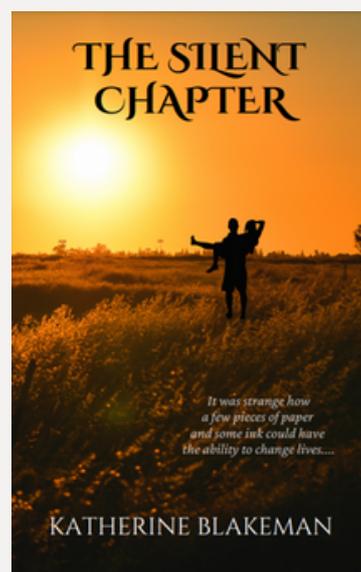


# IT'S FINALLY SUMMER!

Hello everyone!

June coming to an end is always a little sad for me. Despite being my birthday month, the start of July always marks the end of Pride Month (and thus the disappearance of anything remotely rainbow from the majority of people's lives), and the end of Scoliosis Awareness Month. For some odd reason, I always feel a little uncomfortable talking about scoliosis when it's not Scoliosis Awareness Month. I shouldn't do, because scoliosis affects me every minute of every hour of every day of every month of the year, but it feels as if June is the only opportunity I get to talk publicly about it. Almost as if I need an excuse to talk about it. I'm saying a big massive 'eff-you' to that notion by planning an upcoming blog post on it. (Yes, I know I've already done one. No, I won't shut up already.)



I'm actually starting this in mid-June, because in early July I'll be away. Yes, I'm allowing myself a **WHOLE WEEK OFF** from work, writing and book promotion. Well, I say that, but whether I'll be able to keep from writing is another matter. I always find that I get the most motivation to write when I'm not actually able to write. Normally at work, when my laptop is at home some miles away. Just me?

So... what's in the rest of this newsletter? I'm very excited to do a quick review of Chloe Keto's debut novel, *Ransom to Love*. This sweet, lovely piece of lesfic was much-awaited, and Chloe is already being pressured to get going with Book Two - that's how much people love it!! Also in this newsletter we have the obligatory jokes (at time of writing I have yet to decide on a theme, so I guess you'll just have to find out) and... no cat pictures. It's still too painful to look through Poppy's old photos, but I promise you, they will be back as soon as I can deliver them!

Oh, there's also a recipe for lime and ricotta cheesecake on there. You asked, and I delivered. I posted it on Twitter and made quite a stir (pun not intended) - so I'm giving you the recipe so you can all make it yourselves!

Love, Kathy!

## Connect with me!

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## WHAT I'VE BEEN UP TO IN JUNE

To kick off June, I... wore a rainbow 'love is love' badge on my work uniform alongside my name badge. Yep, thrilling, but for someone who's not openly gay at work it felt quite daring. Still got it on. Might never take it off.

A couple of days later, I posted a blog post in which I revealed that, contrary to what most of the voters on my recent Twitter poll thought, I am in fact just eighteen years old. I think this blew some people's minds - not to mention the radio personality with whom I did a radio interview a few months ago!! You can read about my experiences of writing and publishing a book in my teens here. (I then lost quite a few Twitter followers. It might just be Twitter clearing out the bots, but I really hope it's not the fact that I'm a teenager that put them off!)

I also posted a (relatively popular, as it turns out) picture of a cheesecake I made for a family dinner. It was lime and ricotta, with a gingernut base and gingernut crumbs on top. I apologise for making some of you drool... in compensation, I am offering you the recipe below.

The next day was my five-year 'spineversary', as I put it. The five-year anniversary of my spinal fusion surgery. On June 12th 2017, I went under the knife for the second of two corrective spinal surgeries for my scoliosis. To mark this occasion, I made a blog post about scoliosis, and how it affected me. I know I say this all the time, but it's incredibly important that you read it. Yes, you. Because scoliosis could be affecting you, or someone close to you, without anybody knowing it.

And then, in the hope of brightening somebody's day, I shared a snippet of one of my WIPs. It's a sunny slice of Cornwall with a good dose of lesbianism on the side. Stay tuned, for you will be the first to get the updates as they happen...

Then I posted a blog post... but not on my website. Instead, The Opinion Panel posted something I wrote a while back, about what I learnt from publishing my book. You can find that one here!

I also made The Silent Chapter free on Kindle for a couple of days. It was received very well, and it makes me so happy to think that my work is now on other people's Kindles, spreading love.

I also had a couple of Tweets blow up towards the end of the month. Between the two of them they got 75,000 'impressions' and even a few sales. Which absolutely made my month. It made one of my favourite months of the year infinitely better. So thank you to everyone who shared, liked or commented!

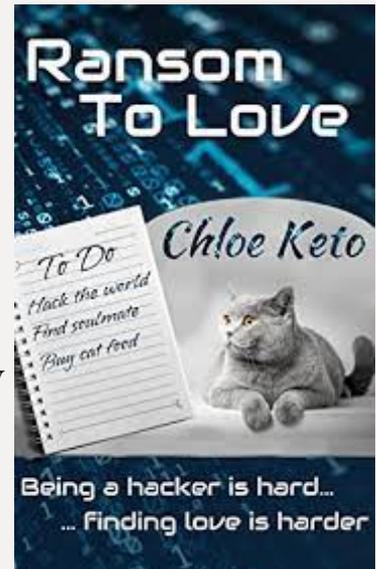
And most recently - as in today - I discovered that Amazon are running their own little promotion of The Silent Chapter in the UK market. For a limited time only, you can get a paperback copy of The Silent Chapter for £8.15 (down from £9.99). Tell your friends, and get this bargain while you can!

## *Quick Review: Ransom to Love by Chloe Keto*

Quite frankly, Ransom to Love had me dazzled from the start by the sheer knowledge of IT on display. Chloe Keto clearly knows her way around a computer! But that's beside the point...

Ransom to Love ticked all the sweet-and-steamy-romance boxes for me! The way the plot came together was very clever, and - without spoiling anything - the messages sent out were excellent. I'm sure I'm not alone in demanding that Number One the cat gets his own book, although how Chloe will create lesfic out of a male cat has yet to be discovered...

Anyway. Ransom to Love is one of my favourite books of the year so far, and well worth a read!



*Buy [Ransom to Love](#) on Amazon today!*

## *'Did you hear?' Jokes*

(Can you tell I'm running out of themes a bit?)

Did you hear about the two thieves who stole a calendar?  
They each got six months.

Did you hear about the guy who hates negative numbers?  
He'll stop at nothing to avoid them.

Did you hear about the explosion at the cheese factory?  
There was a lot of debrie.

Did you hear about conjunctivitis.com?  
It's a site for sore eyes!

Did you hear about the new movie in which a beautiful  
girl falls in love with an old loaf of bread?  
It's called Beauty and the Yeast.

# Lime and Ricotta Cheesecake

For a recent family dinner, I knew I needed to think of something light, sweet and refreshing for dessert. I landed on this lime and ricotta cheesecake. And while zesting and juicing four limes wasn't the best workout for my poor, weak little hands, the end result was well worth it! (We'll gloss over my attempts to grate a ginger nut biscuit.. it worked, but it was very long-winded.) Give it a try today, and send pictures!!



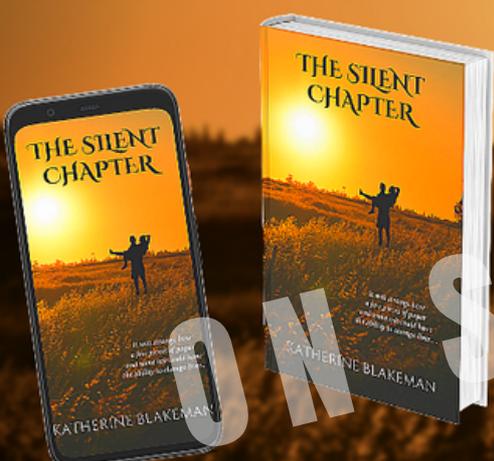
## INGREDIENTS:

250g ginger nut biscuits  
120g melted butter  
4 limes, zest and juice  
397g can of condensed milk  
250g ricotta cheese  
3 eggs  
1tbsp caster sugar  
2 ginger nut biscuits (grated, optional)

## METHOD:

Crush the biscuits and mix with melted butter, then pour into a 23cm round baking tin. Press down and chill until firm.  
Whisk together lime zest, lime juice, condensed milk and ricotta cheese.  
Whisk the eggs and the sugar until pale and fluffy.  
Combine with the ricotta mixture, gently folding until completely combined.  
Pour on top of the biscuit base and bake at 160C/140 Fan/Gas Mark 3 for 20 minutes. The centre should jiggle just slightly when cooked.  
Remove from the oven, cool and chill for at least three hours before serving.  
**OPTIONAL:** grate or finely crush the two extra biscuits and dust over the top of the cheesecake to finish.

*It was strange how a few pieces of paper  
and some ink could have the ability to change lives...*



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